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Establishing Human and Animal Stool Testing for SARS-CoV-2 to Determine Feasibility of Fecal/Oral Transmission

Project Report

FOR

U.S. Food and Drug Administration

Robert Fisher, Ph.D.

25 New Hampshire Avenue
Silver Spring, Maryland 20903

MRIGlobal Project No. 110890.01.208.06.01.02

April 16, 2021

Preface

This Project Report was prepared at MRIGlobal for the work performed under MRIGlobal contract numbers:

- Homeland Defense Technical Area Task - HD TAT (HT 16-1348)
 - Contract No. FA8075-14-D-0006
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The Study Director of the program was Dr. Shelton Bradrick and managed by William Sosna. The studies were performed in compliance with MRIGlobal quality procedures.

MRIGLOBAL

Shelton Bradrick, Ph.D.
Study Director

Approved by:

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April 16, 2021

Contents

Preface.....	ii
Section 1. Objective.....	1
Section 2. Sponsor, Testing Laboratory, and Personnel Responsibilities.....	2
2.1 Sponsor.....	2
2.2 Testing Laboratories.....	2
2.3 Personnel Responsibilities.....	2
Section 3. Test Systems and Methods.....	3
3.1 Equipment.....	3
3.2 Methods.....	3
Section 4. Results.....	4
4.1 SubTask 1: RT-qPCR of SARS-CoV-2 in Stool.....	4
4.2 Results for SubTasks 2 & 3.....	6
Section 5. Conclusions.....	8
5.1 Outcomes:.....	8

Figures

Figure 1. Standard Curve for RT-qPCR Optimization Results SARS-CoV-2.....	4
Figure 2. Graphical Representation of data from Table 1.....	5
Figure 3. TCID ₅₀ on Contrived Hamster and Human Stool Samples.....	7

Tables

Table 1. RT-qPCR data for SARS-CoV-2 RNA in Hamster or Human Stool.....	5
Table 2. TCID ₅₀ /mL on Hamster and Human stool Spiked with SARS-CoV-2.....	7

Section 1. Objective

The current COVID-19 disease pandemic is caused by the Coronavirus SARS-CoV-2. SARS-related viruses in humans are generally carried by animals, and human infections are only due to contact with infected animals. But in the case of SARS-CoV-2, human to human transmission is the most studied route of infection and primarily through fomites or respiratory particulates. The objective of this project was to determine feasibility of methods to test detect infectious SARS-CoV-2 virus and viral RNA in stool to support testing the hypothesis that fecal/oral exposure to SARS-CoV-2 virus is a potential route of infection in animal models and humans to address the control and prevention of COVID-19 disease.

Section 2. Sponsor, Testing Laboratory, and Personnel Responsibilities

2.1 Sponsor

Robert Fisher, Ph.D.
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2.2 Testing Laboratories

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2.3 Personnel Responsibilities

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Section 3.

Test Systems and Methods

3.1 Equipment

Test Equipment: RTPCR Instrumentation. TCID₅₀ Cell culture

3.2 Methods

Testing Description

3.2.1 Task 1: Establish Sensitivity of RT-qPCR and TCID₅₀ Assays in Stool

3.2.1.1 Subtask 1: RT-qPCR Assay Optimization on Hamster Stool

MRIGlobal conducted testing in a high containment Biosafety Level 2 & 3 (BSL2-3) laboratories at MRIGlobal, Kansas City, MO.

Our current RT-qPCR singleplex assay for SARS-CoV-2 has been optimized for hamster stool. We will initially test the assay against contrived hamster stool to compare performance to human stool. To generate contrived samples, naïve matrix will be spiked with live titered SARS-CoV-2. Contrived samples will be frozen and then extracted using the QIAGEN PowerMicroBiome kit. MRIGlobal plans to follow our current procedures for preservation of RNA in matrix prior to extraction. Human stool samples will be purchased from established vendors. Hamster stool will be collected from naïve animals and preserved as described above.

- Construct contrived human and hamster stool samples.
- Construct 1mL stool stocks for each sample type.

3.2.1.2 Subtask 2: TCID₅₀ Optimization on Human and Hamster Stool

Our current TCID₅₀ Assay will be optimized for human and hamster stool samples to reduce or eliminate bacterial or other contaminants that might interfere with viral growth on VeroE6 cells.

- Filtration of stool along with standard antibiotics used in cell culture will be tested in stool samples against purified live virus stocks.
- Assay will be tested on the highest possible stock dilution available using our in house SARS-CoV-2 stocks.

3.2.1.3 Subtask 3: Sensitivity Testing of TCID₅₀ for Infectious Virus vs Viral RNA in Stool

Finally, we will use the optimized RT-qPCR and TCID₅₀ assays to establish sensitivity of the system to quantify both viral RNA and infectious virus in human and hamster stool.

- Construct contrived human and hamster stool samples.
- Construct 1mL stool stocks for each sample type.
- Assay will be tested by serial 10X dilutions beginning with the highest possible concentration of our in house SARS-CoV-2 stocks.

Section 4. Results

4.1 SubTask 1: RT-qPCR of SARS-CoV-2 in Stool

4.1.1 RT-qPCR Optimization:

RT-qPCR was optimized and the Standard curve is shown in Figure 1.

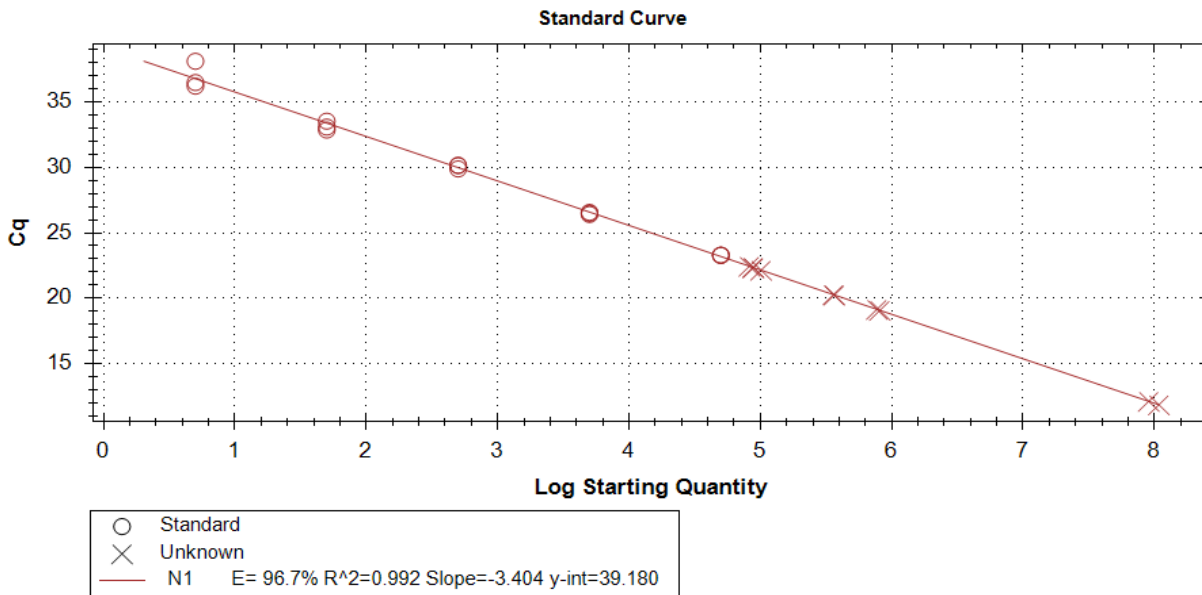


Figure 1. Standard Curve for RT-qPCR Optimization Results SARS-CoV-2

Serial ten fold dilutions of a synthetic RNA standard were tested to determine standard curve for RT-qPCR for SARS-CoV-2 RNA targeting the N1 gene. The standard curve allows quantification of viral copies per mL in experimental samples.

4.1.2 RT-qPCR Detection of Viral RNA from Hamster and Human Stool:

For the RT-qPCR and TCID₅₀ experiments, the same amount of virus (UK variant, B.1.1.7, Isolate hCoV-19/USA/CA_CDC_5574/2020) was used. This equates to 9×10^9 copies/ml [NOTE that the CDC N1 assay reacts with both genomic (gRNA) and subgenomic (sgRNA) present in crude virus preps]. The samples for RT-qPCR analysis from stool were spiked with virus and were also spiked with a synthetic MS2 RNA as an extraction control. To determine the effect of stool exposure to viral RNA (vRNA) recovery, a “no stool” control sample was processed side by side with spiked stool samples.

Each sample was extracted and analyzed by RT-qPCR in duplicate. Data in Table 1 show the mean Ct values and vRNA copies per mL for each condition. The results show that, compared to the no stool control, hamster and human stool reduced vRNA recovery to 0.58% and 0.23% of the control, respectively. Both human and hamster stool also reduced recovery of the MS2 RNA though the effects were not identical to that seen with vRNA: hamster was 23.3% recovery and human was 0.40% recovery compared to the no stool control.

Table 1. RT-qPCR data for SARS-CoV-2 RNA in Hamster or Human Stool

Sample ID	Description	N1		MS2		Estimated copies/mL of vRNA
		Avg Ct*	Std Dev	Avg Ct*	Std Dev	
QCS1	human stool blank (MS2 spike only)	N/D	N/A	27.1	0.06	N/A
QCS2	hamster stool blank (MS2 spike only)	N/D	N/A	21.2	0.04	N/A
1	human stool spike (virus + MS2)	22.2	0.11	26.8	0.05	1.9E+07
2	human stool spike (virus + MS2)	22.4	0.05	27.1	0.11	1.7E+07
3	hamster stool spike (virus + MS2)	20.3	0.01	20.9	0.09	7.3E+07
4	hamster stool spike (virus + MS2)	19.1	0.04	21.3	0.00	1.6E+08
5	no stool (virus + MS2)	12.0	0.14	19.0	0.02	2.0E+10

* n=2.

Data from Table 1 (graphed in Figure 2 below) shows a two log reduction of RT-qPCR SARS-CoV-2 signal in hamster stool and approximately 2.5 log signal reduction in human stool. Note that the human sample was not pooled but was from a single individual donor. We speculate that the loss of RNA in stool samples is likely due, at least in part, to action of endogenous RNases on free sgRNA and MS2 control.

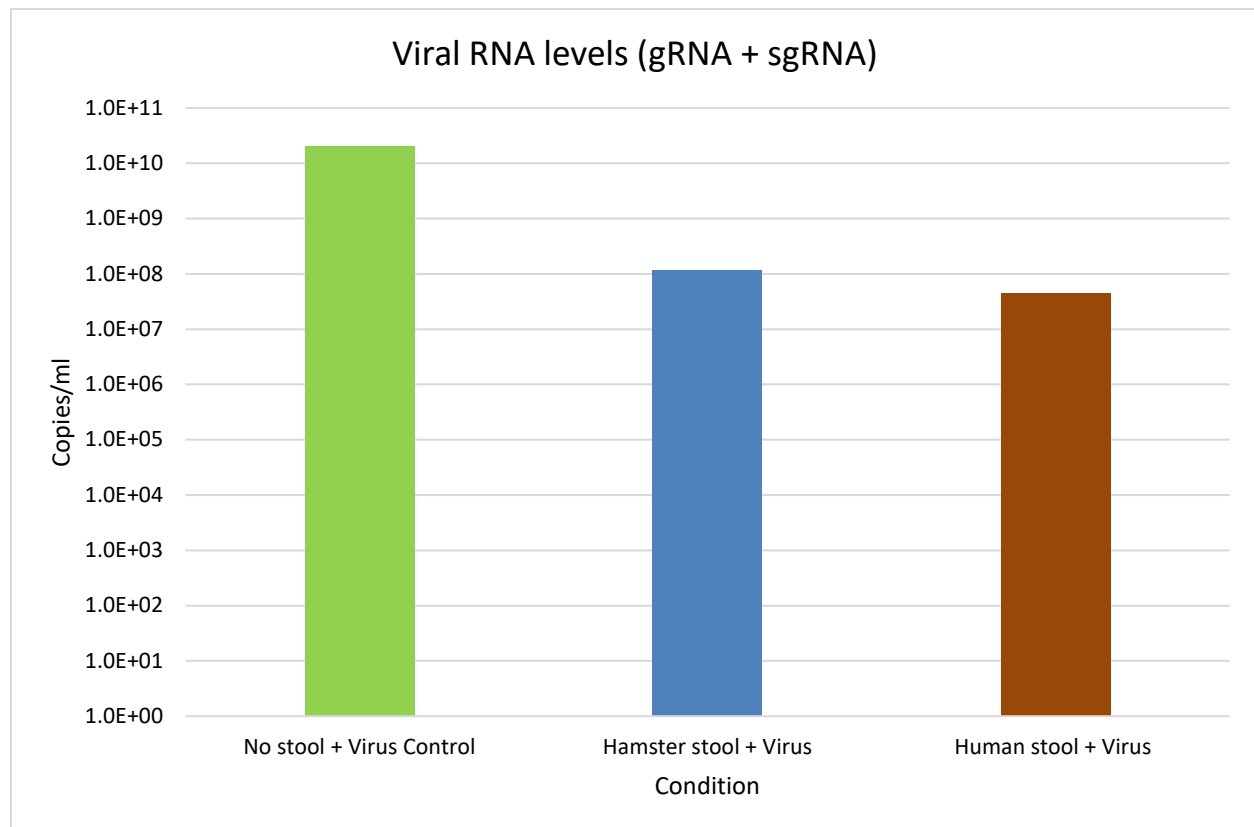


Figure 2. Graphical Representation of data from Table 1

4.2 Results for SubTasks 2 & 3

4.2.1 SubTask 2: Optimization Plan for TCID₅₀ Assay in hamster and human stool

- The following steps were followed for each sample type:

Stool Samples in triplicate plus one no virus control:

- Weigh out 0.25 g of stool in to a 2.0 mL tube. Tabular format is below.

Replicate No.	Human Stool Weight (g)	Hamster Stool Weight (g)
1		
2		
3		
4 (no virus control)		

- Spike feces with 100 μ L of SARS-CoV-2 stock virus, UK variant, B.1.1.7, Isolate hCoV-19/USA/CA_CDC_5574/202 (1.1×10^7 TCID₅₀/ml)
- Incubate for 10 minutes at room temperature.
- Add 900 μ L of PBS and vortex.
- Proceed with Step 2.

A no stool control was also performed in triplicate:

- Pipette 100 μ L of SARS-CoV-2 (UK) in to a 2.0 mL tube.
- Incubate for 10 minutes at room temperature.
- Add 900 μ L of PBS and vortex thoroughly.
- Proceed with Step 2.

- Centrifuge the sample at $1000 \times g$ for 10 minutes.
- Transfer the supernatant to an Ultrafree-MC filter and centrifuge at $12,000 \times g$ for 1-4 minutes.
- Use the flow-through for TCID₅₀ Testing.

4.2.2 SubTask 3: TCID₅₀ Testing of SARS-CoV-2 in Hamster and Human Stool

- The day prior to testing, seed five 96-well plates with Vero E6 cells at 10,000 cells per well.
- Perform serial dilutions of each sample in DMEM/F12 + antibiotics (Pen/Strep) using the scheme below:
 - 100 μ L Sample in to 900 μ L of media = 10^{-1} dilution.
 - 100 μ L 10^{-1} diluted sample in to 900 μ L of media = 10^{-2} dilution.
 - Perform dilutions until 10^{-8} is reached.
- Decant media on 96-well plate in to a bleach bath.
- Plate 100 μ L of each sample dilution in 5 wells.
- Incubate plate at 37°C with 5% CO₂ for 4-6 days.
- Read plate for cytopathic effect (CPE) after incubation is complete.
- Calculate titer using the Reed and Muench method.

4.2.2.1 TCID₅₀ Testing of Spiked Stool

Results of SubTask 3 are shown below in Table 2 and Figure 3.

Table 2. TCID₅₀/mL on Hamster and Human stool Spiked with SARS-CoV-2

Rep	No Stool + Virus Control	Hamster Stool + Virus	Human Stool + Virus
1	2.37E+05	2.37E+03	3.16E+01
2	4.22E+04	1.47E+04	6.81E+02
3	1.47E+05	3.16E+04	4.22E+02
Mean	1.42E+05	1.62E+04	3.78E+02
SD	9.75E+04	1.47E+04	3.27E+02
P (t-test)		0.099521	0.064432

The results show that hamster stool reduced virus titer by an average of 8.77-fold (15% remaining infectious virus) and human stool reduced titer by 376-fold (0.27% remaining infectious virus) compared to the no stool control. **NOTE** that the human stool is from a single donor (not pooled). Also note that the TCID₅₀ result for replicate #1 of the Human Stool + Virus samples was significantly lower than the other two.

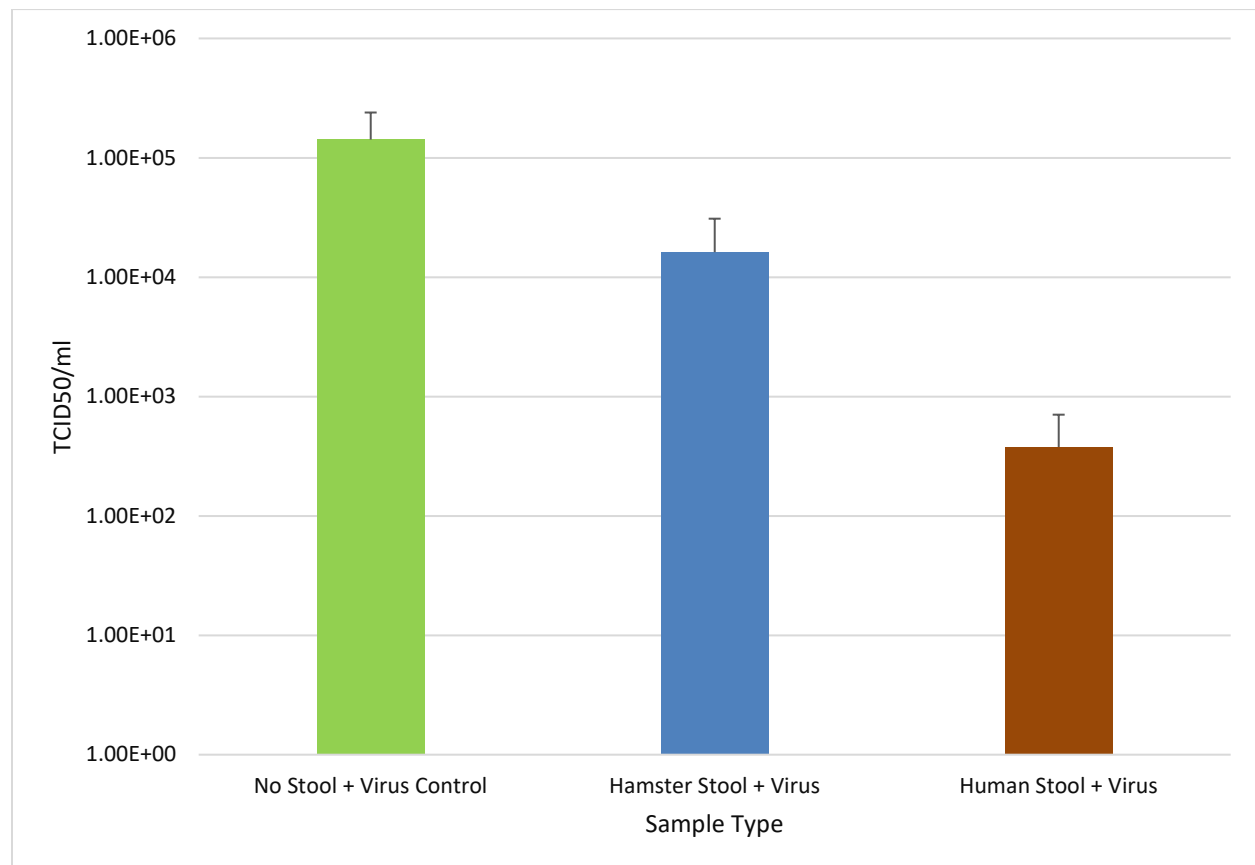


Figure 3. TCID₅₀ on Contrived Hamster and Human Stool Samples

Graphical representation of average TCID₅₀/mL results for Hamster and Human stool spiked with 1.1×10^6 TCID₅₀ infectious units of SARS-CoV-2 is shown in Figure 3 above.

Section 5. Conclusions

5.1 Outcomes:

5.1.1 RT-qPCR:

- The RT-PCR portion of Subtask 1 has been successfully completed. Our assay has been shown to work on RNA extracted from stool of both hamster and human stool. There is clearly loss of RNA due to RNase activity, or inhibition of RT-qPCR by extracted material, in both hamster and human stool with human stool showing half a log larger effect. This may limit the sensitivity of vRNA detection when tested on clinical samples from infected hamsters or humans. We could address the possibility of assay inhibition this by adding extracted blank material to RT-PCR reactions.

5.1.2 TCID₅₀:

- Our ability to detect live, infectious SARS-CoV-2 spiked into hamster or human stool was successful. However, in this preliminary study, there was a marked reduction in the virus infectivity in human stool and, to a lesser extent, hamster stool. Without more extensive study, we cannot determine the source of this inhibition of infectivity. The stool sample was only from a single human and not pooled samples, so it is possible that this result is not representative.
- In live animal model challenge studies, there may be a need to collect stool samples temporally (every 12-24 hours perhaps) to determine the timing of maximum shedding of virus in stool post infection.