

**AWARD NUMBER:** W81XWH-21-1-0051

**TITLE:** Addressing Post-Intensive Care Syndrome Among Survivors of COVID (APICS-COVID)

**PRINCIPAL INVESTIGATOR:** James C. Jackson, PsyD

**CONTRACTING ORGANIZATION:** Vanderbilt University, Nashville, TN

**REPORT DATE:** February 2022

**TYPE OF REPORT:** Annual

**PREPARED FOR:** U.S. Army Medical Research and Development Command  
Fort Detrick, Maryland 21702-5012

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<b>6. AUTHOR(S)</b> James C. Jackson  E-Mail: james.c.jackson@vumc.org				<b>5b. GRANT NUMBER</b> PR202630P1	
				<b>5d. PROJECT NUMBER</b>	
				<b>5e. TASK NUMBER</b>	
<b>7. PERFORMING ORGANIZATION NAME(S) AND ADDRESS(ES)</b> VANDERBILT UNIVERSITY MEDICAL CENTER VUMC 1161 21ST AVE S STE D3300 MCN NASHVILLE TN 37232-0011				<b>5f. WORK UNIT NUMBER</b>	
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<b>13. SUPPLEMENTARY NOTES</b>					
<b>14. ABSTRACT</b> APICS-COVID seeks to address a key clinical and operational knowledge gap by defining patterns of unmet needs, resource utilization, readmissions, and long-term functional outcomes among ICU survivors in the age of COVID-19, allowing direct knowledge of COVID-19 patterns as well as comparison with the APICS-01 cohort, which has nearly completed enrollment with identical methodology, to allow comparisons. In the first year of award, APICS-COVID initiated enrollment and data collection ahead of schedule. The study team has started following patients through 6 months of follow-up. For the next study period we will continue patient enrollment and data collection.					
<b>15. SUBJECT TERMS</b> Acute Lung Injury, Recovery after Clinical Illness, Cohort Study					
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## 1. INTRODUCTION:

The overall proposed approach is to generate an observational cohort and use pseudo-randomization (inverse probability of treatment weighting) to interrogate the relationship between unmet needs and hospital readmissions. This will occur in a multicenter cohort of patients with respiratory failure due to COVID-19 (as well as COVID-19 “bystanders,” patients who have acute respiratory failure during the pandemic not due to the SARS-CoV-2 virus) that we anticipate will usefully reflect the experience of service members and veterans.

## 2. KEYWORDS:

Acute Lung Injury, Long-term Outcomes, Intensive Care, Recovery from Illness/Injury

## 3. ACCOMPLISHMENTS:

### What were the major goals of the project?

*Major Task 1: Prepare Study for Data Collection and Execution.* Major Task 1 has been completed ahead of schedule. All subtasks have been completed ahead of schedule.

*Major Task 2: Patient Enrollment and Data Collection.* We initiated enrollment ahead of schedule and as of January 15, 2022 we have enrolled 139 of 200 (70%) patients across all sites. All the investigator meetings are happening on-time and consistently. The study team continues to follow patients through 6-month follow ups. All subtasks are being completed on time or ahead of schedule.

*Major Task 3: Data Analysis and Dissemination.* The work under this task will begin in year 3, once enrollment and follow-up are completed.

### What was accomplished under these goals?

Major Activities: Primary activities in this study period were preparing study for data collection and execution. As indicated above, these goals were achieved ahead of schedule. Formal findings will be reported after enrollment is completed.

**What opportunities for training and professional development has the project provided?**

Nothing to Report

**How were the results disseminated to communities of interest?**

Nothing to Report

**What do you plan to do during the next reporting period to accomplish the goals?**

For the next study period, we will continue patient enrollment and data collection.

**4. IMPACT:**

**What was the impact on the development of the principal discipline(s) of the project?**

Nothing to Report

**What was the impact on other disciplines?**

Nothing to Report

**What was the impact on technology transfer?**

Nothing to Report

**What was the impact on society beyond science and technology?**

Nothing to Report

**5. CHANGES/PROBLEMS:**

**Changes in approach and reasons for change**

Nothing to Report

**Actual or anticipated problems or delays and actions or plans to resolve them**

We are completing our milestones and enrollment ahead of schedule. We do not anticipate problems at this stage.

**Changes that had a significant impact on expenditures**

Nothing to Report

**Significant changes in use or care of human subjects, vertebrate animals, biohazards, and/or select agents**

**Significant changes in use or care of human subjects**

Nothing to Report

**Significant changes in use or care of vertebrate animals**

No animal use research will be performed to complete the Statement of Work

**Significant changes in use of biohazards and/or select agents**

Nothing to Report

**6. PRODUCTS:**

- **Publications, conference papers, and presentations**

**Journal publications.**

Nothing to Report

**Books or other non-periodical, one-time publications.**

Nothing to Report

**Other publications, conference papers and presentations.**

Nothing to Report

- **Website(s) or other Internet site(s)**

Nothing to Report

- **Technologies or techniques**

Nothing to Report

- **Inventions, patent applications, and/or licenses**

Nothing to Report

- **Other Products**

Nothing to Report

## 7. PARTICIPANTS & OTHER COLLABORATING ORGANIZATIONS

**What individuals have worked on the project?**

VUMC Personnel:

Name: James C. Jackson

Contribution to Project: No change

Name: Carla Sevin

Contribution to Project: No change

Name: Margaret Hays

Contribution to Project: No change

BIDMC Personnel:

Name: Somath Bose

Contribution to Project: No change

Name: Valerie Banner-Goodspeed  
Contribution to Project: No change

**Has there been a change in the active other support of the PD/PI(s) or senior/key personnel since the last reporting period?**

For Dr. Jackson, the following funding is now providing effort:

UTR002243-05, “Vanderbilt Institute for Clinical and Translational Research (VICTR)” (NCATS, 10% effort)

RAG061161-02, “Cognitive and Physical Exercise to Improve Outcomes after Surgery in the Elderly (COPEiOS)” (NIA, 10% effort)

W81XWH-20-PRMRP-IIRA-COV:, Addressing Post Intensive Care Syndrome in Survivors of Lung Injury with COVID-19” (DOD, 20% effort)

RAG058639-03, “BRAIN-ICU-2 Study: Bringing to Light the Risk Factors and Incidence of Neuropsychological Dysfunction (Dementia) in ICU Survivors, 2nd Study” (NIA, 26% effort)

RAG065249-02 “Early Cognitive Training and Rehabilitation to Prevent Cognitive Decline in Older Hospitalized Adults with Delirium” (NIA, 13% effort).

For Dr. Sevin, the following funding is now providing effort:

W81XWH-20-PRMRP-IIRA-COV:, Addressing Post Intensive Care Syndrome in Survivors of Lung Injury with COVID-19” (DOD, 10% effort)

For Dr. Bose, the following funding is now providing effort:

W81XWH-20-PRMRP-IIRA-COV:, Addressing Post Intensive Care Syndrome in Survivors of Lung Injury with COVID-19” (DOD, 7% effort)

**What other organizations were involved as partners?**

Nothing to Report

**8. SPECIAL REPORTING REQUIREMENTS**

**COLLABORATIVE AWARDS:** A collaborative award is present and an annual report for the collaborative report is being submitted.

**QUAD CHARTS:** Included in the Appendix.

**9. APPENDICES:** Quad Chart & Award Chart

## W81XWH-18-1-0813: Addressing Post-Intensive Care Syndrome Among Survivors of COVID

PI: JAMES C. JACKSON, PSYD, VANDERBILT UNIVERSITY MEDICAL CENTER

Budget: \$760,307

Topic Area: COVID-19

Mechanism: CDMRP



Research Area(s): 1102, 1001

Award Status: 1/15/2021 - 1/14/2024

### **Study Goals:**

This study seeks to address this clinical and operational knowledge gap for ARDS survivors by defining patterns of unmet needs, resource utilization, readmissions, and long-term functional outcomes among ICU survivors particularly those with COVID-19. We will employ a prospective, multi-center, observational study of outcomes and healthcare utilization among ARDS survivors which are directly relevant to a military population.

### **Specific Aims:**

**Aim 1:** Assess the relationship between unmet needs after discharge and 3-month death or readmission, adjusting for the propensity to have unmet needs, among COVID-19 patients and COVID-19 bystanders. Secondarily compare post-discharge outcomes among acute respiratory failure survivors during the COVID-19 pandemic to those of patients in the APICS-01 cohort.

- **Hypothesis:** Unmet needs in the first 1-4 weeks after hospital discharge are associated with readmission or death after hospital discharge at 3 months, even after adjusting for the likelihood of having unmet needs, and we hypothesize that survivors of respiratory failure during COVID-19 pandemic will differ from those enrolled in the APICS-01 cohort.

### **Key Accomplishments and Outcomes:**

Study launched ahead of schedule. Enrollment (N=139/200) ahead of schedule.

Publications: none to date

Patents: none to date

Funding Obtained:



# Addressing Post Intensive Care Syndrome among Survivors of COVID (APICS-COVID)

W81XWH2110051

PR202630P1

PI: James C. Jackson, PsyD

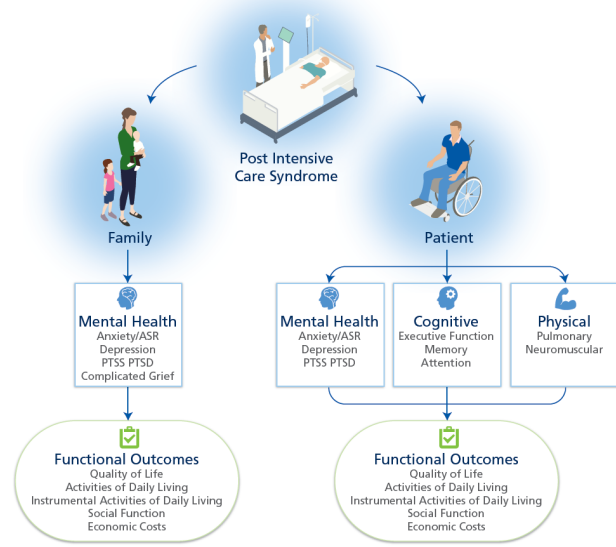
Org: Vanderbilt University Medical Center Award Amount: \$760,307

### Study/Product Aim(s)

Aim 1: Assess the relationship between unmet needs after discharge and 3-month death or readmission, adjusting for the propensity to have unmet needs, among COVID-19 patients and COVID-19 bystanders. Secondly compare post-discharge outcomes among acute respiratory failure survivors during the COVID-19 pandemic to those of patients in the APICS-01 cohort.

### Approach

The overall proposed approach is to generate an observational cohort and use pseudo-randomization (inverse probability of treatment weighting) to interrogate the relationship between unmet needs and hospital readmissions. This will occur in a multicenter cohort of patients with respiratory failure due to COVID-19 that we anticipate will usefully reflect the experience of service members and veterans.



### Timeline and Cost

Activities	CY	21	22	23
Obtain IRB and HRPO Approval		■		
Site Education and Training		■		
Patient Enrollment and Data Collection		■		
Data Analysis and Dissemination				■
<b>Estimated Budget (\$K)</b>	<b>\$760</b>	<b>\$251</b>	<b>\$270</b>	<b>\$239</b>

Updated: 15 January 2022

### Goals/Milestones

- CY21 Goal – Study Initiation**
  - Submit study for IRB and HRPO approval
  - Standardize training and site education
- CY22 Goals – Patient Enrollment and Data Collection**
  - Enroll patients
  - Perform 6 month follow up visits
- CY23 Goal – Data Analysis and Dissemination**
  - Perform primary and secondary data analysis
  - Submit final report to the military
  - Submit primary manuscript to peer-reviewed journal

**Budget Expenditure to Date**  
 Projected Expenditure: \$760,307  
 Actual Expenditure: \$214,482