

# Sexual Assault Prevention and Response (SAPR) Professionals

Results from the 2018 Quick Compass of Sexual Assault Responders (2018 QSAR)\*



SAPR professionals are critical to the Department's sexual assault and sexual harassment prevention and response efforts. Leaders and survivors both rely upon their high-quality care, support, and expertise. Continuing to invest in enabling and supporting these professionals remains essential.



### SARCS

Sexual Assault Response Coordinators



### VAs/UVAs

Victim Advocates/Uniformed Victim Advocates

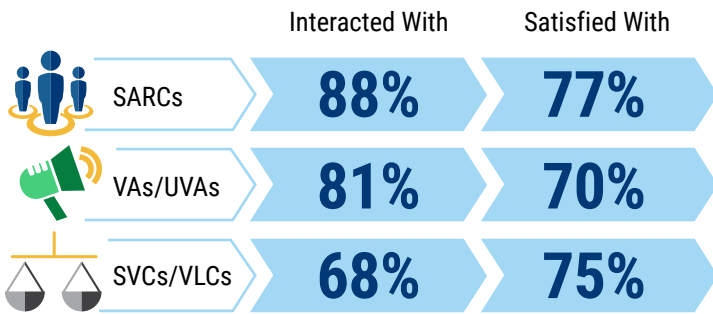


### SVCs/VLCs

Special Victims' Counsel/Victims' Legal Counsel

## Victims Rely on SAPR Professionals

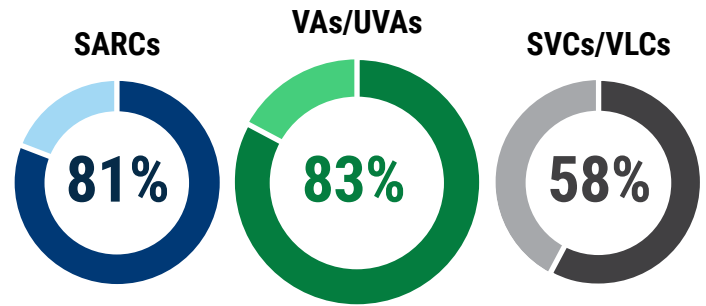
### DoD Women Who Experienced Sexual Assault in the Past Year and Reported\*



## Commanders Rely on SAPR Professionals

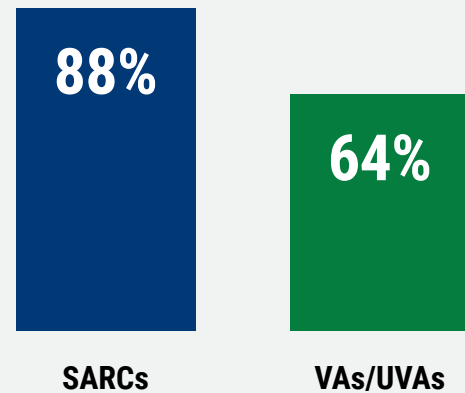
"Local commanders perceive my role as important"

% Agree/Strongly Agree



"I am recognized by local commanders as the "go-to" person for issues related to sexual assault"

% Agree/Strongly Agree



## SAPR PROFESSIONALS CONNECT VICTIMS WITH RESOURCES



Military mental health clinics



Military medical health agencies



Safe Helpline (SHL)



Military Equal Opportunity Program



On-base Family Advocacy Programs

## SAPR Professionals Reported High Levels of Support From Command



81%

Agree their local commanders support them fully.



76%

Agree their headquarters office support their needs.






70%

Agree they have direct and unimpeded access to local commanders.

\*Results noted with an asterisk are from female Service members from the 2018 Workplace and Gender Relations Survey of Active Duty Members (2018 WGRA)

# SAPR Professionals Need Support Too

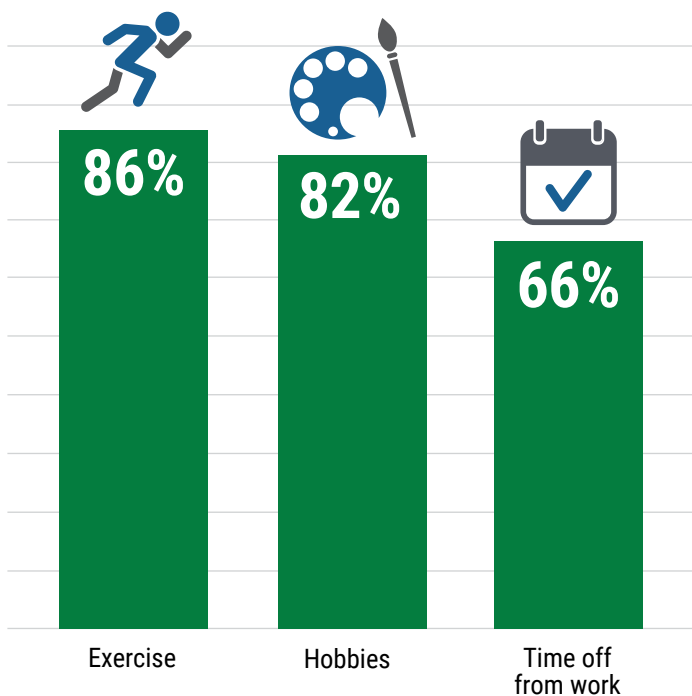
% Reporting Experienced in the Past Year

	SARC	VA/UVA	SVC/VLC
 <p><b>Burnout</b> is a state of emotional, physical, and/or mental exhaustion caused by excessive and prolonged stress, causing loss of interest and motivation.</p>	32%	26%	50%
 <p><b>Compassion Fatigue</b> is a condition that is common among those who work directly with victims of disasters, trauma, or illness, and is characterized by a gradual lessening or loss of empathy over time.</p>	23%	13%	54%
 <p><b>Vicarious Trauma</b> is a condition often experienced in trauma workers that results in symptoms similar to primary trauma. These symptoms can include, but are not limited to, mood swings, social withdrawal, sensitivity to violence, and difficulty in relationships.</p>	14%	5%	27%

<https://www.pdhealth.mil/news/blog/vicarious-traumatization-compassion-fatigue-and-burnout-hazards-compassion-military-mental-health>

## Responder Self-Care, Resources, and Tools

% of SAPR Professionals



SOME CARE RESOURCES AND TOOLS ARE UNDERUTILIZED

