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CONTINUOUS VIGILANCE SIMULATOR WITH REAL-TIME  
NEUROENDOCRINE CORRELATION(U) HARVARD MEDICAL SCHOOL  
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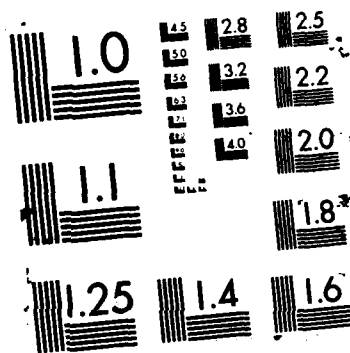
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19 ABSTRACT (Continue on reverse if necessary and identify by block number)  
A Continuous Electroencephalographic and Physiologic Monitoring System was configured using a VAX 11/750 control unit. The system combines three important and interrelated functions: monitoring the health and safety of human research subjects during long-term studies; scheduling and recording discrete events such as meal times, bedtimes, and performance test times; and collecting physiologic data from the subject.

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The Continuous Electroencephalographic and Physiologic Monitoring System is a automated data acquisition system currently in use in the Neuroendocrinology Lab of the Brigham and Women's Hospital. It was completed in June of 1985, funded by Air Force Office of Scientific Research Grant no. AFOSR830309. The system combines three important and interrelated functions: monitoring the health and safety of human research subjects during long-term studies; scheduling and recording discrete events such as meal times, bedtimes, and performance test times; and collecting physiologic data from the subject. The latter function is the most demanding of the three, due to the nature of the research and the requirement that multiple channels of physiologic data be recorded in real time, automatically, continuously for up to several months, with great reliability, and in the case of certain electrophysiologic data, at high speeds.

To meet these demands, the system uses a Digital VAX 11/750 control unit. The VAX is optimally configured for this application, with two 456-megabyte fixed disk drives to permit storage and access of the large files created by high-speed data channels during long recordings. A floating point accelerator allows rapid statistical analysis of these same files on the same system. A laboratory peripheral accelerator preprocessor subsystem (DEC LPA11) handles the high-speed data acquisition channels through DMA interface with the main system, relieving the control unit of the highest frequency realtime tasks. The system has the capability to digitize eight different channels of electroencephalographic data on each of two different subjects at

two hundred samples per second per channel for eight to ten hours at a time, maintain the data on disk for computer analysis, display it visually on a CRT display scope, and transfer it onto tape for archival storage, while simultaneously carrying out all its other data acquisition, event control, and performance testing functions.

The principal data acquisition devices connected to the system are the ten-channel electronic linearizing thermometer and the two eight-channel electroencephalograph machines. The electrically-isolated thermometer records body temperature, which is the most important and reliable indicator of the status of a subject's circadian timing system. The EEG machines record brain waves, muscle tonus, eye movements, and cardiac pulse signals. These signals, during sleep, indicate the depth and quality of sleep, and during wakefulness they indicate the occurrence of unwanted sleep episodes or entry into states of consciousness other than full alert wakefulness. Both types of data are essential in interpreting the results of any human performance study, particularly one that designs to take into account the subject's sleep-wake cycle and its possible disruption by schedule changes, transmeridian travel, medications, changes in illuminance level, or environmental isolation.

The system is installed in the Environmental Scheduling Facility (ESF) of the Neuroendocrinology Lab. This facility consists of three separate study suites, each capable of housing a human subject, for periods of time ranging from hours to months, in a controlled environment. The suites are completely



Availability Codes	
Date	Availability Specimen
A-1	

sealed from outdoor light, are soundproofed to exclude noise, and are air conditioned independently from the surrounding building. Thus, subjects can be isolated from all environmental time cues when necessary. In addition, two of the suites contain wall-mounted banks of lights, each incorporating sixty eight-foot full-spectrum fluourescent lamps in an area of 112 square feet, capable of simulating the illuminance of outdoor sunlight. The three suites adjoin a common Control Room, where most of the instrumentation is located.

Integration of the Continuous Electroencephalographic and Physiologic Monitoring System with the ESF has created a powerful research tool for the study of the effects of schedule changes, environmental conditions, illuminance level, and other synchronizers of the human circadian timing system on human performance. Results already obtained in research using this facility represent significant breakthroughs in the understanding of human circadian physiology. One achievement of particular importance is the characterization of the human phase resetting curve to bright light, and the concomitant discovery of methods by which the human circadian clock may be rapidly and accurately reset for optimum performance in any time zone.

ITEM	VENDOR	MANUFACTURER	PURPOSE	TOTAL COST
<p>VAX Computer system, including:</p> <ul style="list-style-type: none"> <li>- VAX-11/750 CPU</li> <li>- 2 MB Main Memory</li> <li>- RUA60 Disk Controller</li> <li>- Two RAB1 436 MB Fixed Disk Drives</li> <li>- Two DZ11 Asynchronous 8-line Multiplexers</li> <li>- TUGO Magnetic Tape Subsystem</li> <li>- FP750 Floating Point Processor</li> <li>- LA120 Console Terminal</li> <li>- LPA11 Microprocessor Subsystem for high speed data acquisition and A/D conversion</li> <li>- Necessary cabinets, backplanes, and interconnect cables</li> <li>- VMS Operating System</li> <li>- FORTRAN Programming Language</li> <li>- Field Service during installation period (1 year)</li> </ul>	Digital Equipment Corp. 235 Wyman St. Waltham, MA 02154	Digital Equipment Corp. Waltham, Massachusetts	Real-time data acquisition, performance testing, real-time event control, data file management, statistical data analysis, and graphic display generation	118,774.59
<p>Four ER60 325 Video Graphics Terminals</p>	Source Associates 304 Compton Avenue Laurel, MD 20797	Micro-Term Inc. Fenton, Missouri	General-purpose terminals for programming, process control, data entry, and interactive data analysis	6,354.00
SYSTEM COMPONENTS FOR PHYSIOLOGICAL AND ELECTROPHYSIOLOGICAL DATA ACQUISITION				
<p>Two EEG 5208 eight-channel Electroencephalograph machines</p>	Nihon Kohden (America) Inc. 1652 Deere Avenue Irvine, CA 92714	Nihon Kohden (America) Inc. Irvine, California	Recording of electroencephalographic and other electro-physiological data relating to sleep, alertness and state of consciousness	18,690.56
<p>PTL101 Ten-channel Electronic Thermometer with Power Supply and two 4 1/2 digit displays</p>	Alpine Instruments 34 Lodge Road Newton, MA 02165	Alpine Instruments Newton, Massachusetts	Recording of body temperatures (an important correlate of circadian physiological status) and environmental conditions	3,258.00

Initial Software Development for real-time DA and event scheduling  
 Brigham/Beth Israel Medical Group  
 20 Kent Street  
 Brookline, MA 02146

Brigham Beth Israel Medical Group  
 Brookline, Massachusetts

20,976 00

Software developed in-house for specialized data acquisition and process control applications

P300 Line Printer with Controller, Cable, and Field Service during installation period (1 year)  
 S&S Electronics  
 190 Industrial Ave East  
 Lowell, MA 01852

Printronic Inc.  
 Irvine, California

7,274 00

High-speed text output and hardcopy graphic output

630API Letter Printer w/ Forms Tractor and Acoustic Cover  
 David Jamison Carlyle Inc.  
 5700 Buckingham Pkwy.  
 Culver City, CA 90230

Diablo Systems Inc.  
 Fremont, California

3,373.53

High quality hardcopy output for report generation

Half-inch tape drive with DEC Q-Bus compatible interface  
 Digi-Data Inc.  
 Digi-Data Inc.  
 (Cabinet - Zieco Inc.)

Digi-Data Inc.  
 (Cabinet - Zieco Inc.)

7,514 75

Tape drive compatible with other Harvard Medical School computer systems to facilitate interlaboratory data transfer

AutoLink 212A Modem  
 Source Associates  
 304 Compton Avenue  
 Laurel, MD 20797

U.S. Robotics Inc.  
 Chicago, Illinois

475 00

Remote data transfer

VIDEO SURVEILLANCE SUBSYSTEM

Two ITC48AS Low-Light Video Cameras  
 With:  
 L. Matthew Miller Associates  
 48 West 21st Street  
 New York, NY 10010

Ikegami Electronics  
 Maywood, New Jersey

3,070 79

Remote video monitoring system for nonintrusive monitoring of subjects' well-being and apparent state of consciousness

Two EMI Video Camera Lenses  
 Two PT27024P Pan/Tilt Units with Wall Mounts  
 Two TC1112 12-Inch Black and White Video Monitors  
 Chugai International  
 Plainview, New York  
 PELCO Inc.  
 Gardena, California  
 RCA Corporation  
 Lancaster, Pennsylvania

Chugai International  
 Plainview, New York

PELCO Inc.  
 Gardena, California

RCA Corporation  
 Lancaster, Pennsylvania

ELECTROPHYSIOLOGIC DATA REAL-TIME DISPLAY SUBSYSTEM

HP 1347A Graphics Display Generator	Hewlett Packard 1775 Minuteman Rd. Andover, MA 01810	Hewlett Packard Andover, Massachusetts	Viewing and analysis of digitized electrophysiological data	7,280 00
HP 1310B 19-inch X-Y Display Monitor	Hewlett Packard (see above)	Hewlett Packard Andover, Massachusetts	Displays output of the 1347A (above)	3,100 00
IEEE-488 (HP18) Interface	Digital Equipment Corp 235 Wyman St. Waltham, MA 02154	Digital Equipment Corp Waltham, Massachusetts	Allows the 1347A to be controlled by the VAX unit	1,072 00

EVENT CONTROL SUBSYSTEM

Six Termiflex HT/30 Hand-Held Control Units	Termiflex Corporation 316 Daniel Webster Highway Merrimack, NH 03054	Termiflex Corporation Merrimack, New Hampshire	Serve as keypads for single-key marking and logging of events as they occur in real time	1,990 00
DZ11-C 8-line Asynchronous Multiplexer	Digital Equipment Corp. 235 Wyman St. Waltham, MA 02154	Digital Equipment Corp Waltham, Massachusetts	Allows the system controller to communicate with the event marker keypads	2,712 00
Two VT240 Video Display Terminals	Harvard University Office for Informational Technology 1730 Cambridge St. Cambridge, MA 02138	Digital Equipment Corp Waltham, Massachusetts	Displays upcoming scheduled events and subject status information for the on-duty technicians	3,499 00

TOTAL ----- 211,005.22

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