

POST-TRAUMATIC STRESS DISORDER AND THE MILITARY

A Selected Bibliography

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PREFACE

Over the past several years, the topic of military mental healthcare has received renewed attention, both inside and outside the Armed Forces. This selected bibliography focuses on post-traumatic stress disorder (PTSD) and its presentation in military personnel. Included are references to books, documents, periodical articles, multimedia, and web sites related to this topic. A separate section concentrates on PTSD in members of the military and its relationship to age, gender, or ethnicity. This is followed by a section focusing on disability claims as the result of PTSD.

With a few notable exceptions, the materials in this bibliography are dated 2005 to the present. For information prior to this period, please refer to the previous edition of *Post-Traumatic Stress Disorder and the Military: A Selected Bibliography* (November 2005). All items in this bibliography are available through the USAWC Library. For your convenience, at the end of all entries, we have added library call numbers, Internet addresses, or database links. Web sites were accessed during March 2008.

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Contents

GENERAL RESOURCES

Books, Documents, and Internet Resources	1
Military Doctrine and Issuances	6
Periodical Articles	6
Multimedia	20
Internet Sites	21

PTSD RELATED TO AGE, GENDER, OR ETHNICITY

Internet Resources	22
Periodical Articles	22
Multimedia	24

PTSD AND DISABILITY CLAIMS

Books, Documents, and Internet Resources	25
Periodical Articles	25

GENERAL RESOURCES

Books, Documents, and Internet Resources

- American Psychiatric Association. *Practice Guideline for the Treatment of Patients with Acute Stress Disorder and Posttraumatic Stress Disorder*. Arlington, VA: American Psychiatric Association, 2004. 95pp. http://www.psychiatryonline.com/pracGuide/loadGuidelinePdf.aspx?file=ASD_PTSD_05-15-06
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PILOTS Database. Electronic index to literature on post-traumatic stress disorder, produced by the National Center for Post-Traumatic Stress Disorder; freely available to the public. <http://www.ncptsd.va.gov/ncmain/publications/pilots/index.html>

PTSD Help Network. A non-profit self-help web site designed to assist those suffering from post-traumatic stress disorder, authored by Richard E. O'Dell, a former director of the Virginia Department of Veterans Affairs. <http://www.ptsdhelp.net/index.html>

Sidran Institute. A non-profit organization whose mission is to provide assistance with traumatic stress, dissociative disorders, and co-occurring issues such as addictions, self-injury, and thoughts of suicide. <http://www.sidran.org>

U.S. Army Center for Health Promotion and Preventive Medicine. "Suicide Prevention." <http://chppm-www.apgea.army.mil/dhpw/Readiness/suicide.aspx>

U.S. Army Medical Command. "Post-Traumatic Stress Disorder Information." <http://www.behavioralhealth.army.mil/ptsd/index.html>

U.S. Army Medical Command. "PTSD/Mild Traumatic Brain Injury Chain Teaching Program." <http://www.behavioralhealth.army.mil/chainteaching/index.html>

U.S. Army Medical Research and Materiel Command. "Battlemind Training." Online training designed to "develop a realistic preview of the stresses and strains of deployment on soldiers". The four training briefs were developed for soldiers, leaders, National Guard/Reserves, and family members. <http://www.battlemind.org/index.html>

U.S. Department of Defense. "Military OneSource." <https://www.militaryonesource.com>

U.S. Department of Defense, Deployment Health Clinical Center. "Combat/Operational Stress." http://www.pdhealth.mil/op_stress.asp

U.S. Department of Defense, Deployment Health Clinical Center. "DoD Mental Health Self-Assessment (MHSA) Program." This program is described as "a mental health and alcohol screening and referral program provided for military families and service members affected by deployment and mobilization". Anonymous self-assessments are offered online, by phone, and at special events. Assessments are available for depression, bipolar disorder, alcohol use, PTSD, and generalized anxiety disorder. <http://www.pdhealth.mil/mhsa.asp>.

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PTSD RELATED TO AGE, GENDER, OR ETHNICITY

Internet Resources

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PTSD AND DISABILITY CLAIMS

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